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Attaching Zanamivir to a Polymer Markedly Enhances Its Activity Against Drug-resistant Strains of Influenza A Virus

ALISHA K. WEIGHT¹, JAYANTA HALDAR¹, LUIS ÁLVAREZ DE CIENFUEGOS¹, LARISA V. GUBAREVA², TERRENCE M. TUMPEY², JIANZHU CHEN³, and ALEXANDER M. KLIBANOV^{1,4}

¹Department of Chemistry, Massachusetts Institute of Technology, Cambridge, Massachusetts 02139

²Centers for Disease Control and Prevention, Atlanta, Georgia 30333

³Department of Biology and the David H. Koch Institute for Integrative Cancer Research, Massachusetts Institute of Technology, Cambridge, Massachusetts 02139

⁴Department of Biological Engineering, Massachusetts Institute of Technology, Cambridge, Massachusetts 02139

Abstract

Effects of the commercial drug zanamivir (RelenzaTM) covalently attached to poly-L-glutamine on the infectivity of influenza A viruses are examined using the plaque reduction assay and binding affinity to viral neuraminidase (NA). These multivalent drug conjugates exhibit (i) up to a 20,000-fold improvement in anti-influenza potency compared with the zanamivir parent against human and avian viral strains, including both wild-type and drug-resistant mutants, and (ii) superior neuraminidase (NA) inhibition constants, especially for the mutants. These findings provide a basis for exploring polymer-attached inhibitors as more efficacious therapeutics, particularly against drug-resistant influenza strains.

Keywords

drug resistance; polymeric drugs; zanamivir; influenza A; poly-L-glutamine; plaque reduction assay; neuraminidase inhibition assay

INTRODUCTION

In addition to yearly outbreaks affecting hundreds of millions of people worldwide,¹ influenza pandemics of animal–human reassortment strains are increasingly common. Influenza infection is somewhat mitigated by prompt treatment with the neuraminidase (NA) inhibitors, oseltamivir (TamifluTM), and zanamivir (RelenzaTM).¹ Sialic acid cleavage from glycoproteins and glycolipids catalyzed by NA promotes both initiation of infection and multicycle infection by preventing viral aggregation, cleaving viral receptors from infected cells to allow release of newly formed virions, and degrading host's mucins to enable access to epithelial cell surfaces.^{2–4}

Point mutations in and around the active site of the NA enzyme can confer drug resistance and contribute to widespread infection.^{5,6} New therapeutic agents designed to circumvent drug resistance have been only moderately successful.⁶⁻⁹ An alternative strategy may be to covalently conjugate small-molecule drugs to biocompatible and resorbable water-soluble polymers. Although the resultant multivalent¹⁰ polymeric drugs have been shown to possess a greatly enhanced potency against wild-type human strains of influenza virus,¹¹ they have not been explored against either mutant or nonhuman strains. In the present study, we fill this void and demonstrate that zanamivir covalently attached to poly-L-glutamine can overcome both oseltamivir and zanamivir resistance in not only human but also avian influenza A strains.

MATERIALS AND METHODS

Poly-L-glutamic acid (molecular weight = 50,000–100,000 Da) and all other chemicals, biochemicals, and solvents were purchased from Sigma-Aldrich Chemical Co (St. Louis, Missouri, USA). Influenza viruses [A/Wuhan/359/95 (H3N2) and A/turkey/MN/833/80 (H4N2), as well as their drug-resistant mutants] were obtained from the Centers for Disease Control and Prevention (Atlanta, Georgia, USA). Madin-Darby canine kidney (MDCK) cells were purchased from the ATCC. Zanamivir (**1**, Fig. 1) was obtained from BioDuro (Beijing, China).

Zanamivir derivative **2** (Fig. 1) was synthesized as described previously.¹² To prepare polymer conjugates **3–5** (Fig. 1), **2** was reacted with the benzotriazole ester of poly-L-glutamic acid, followed by quenching with NH₄OH (Fig. 2)¹¹. Bare poly-L-glutamine was synthesized analogously.¹¹ Zanamivir content in **3–5** was quantified by ¹H NMR.

Plaque assays were performed in 12-well plates using a modified literature procedure.^{12,13} First, 55-μL aliquots of virus preparation (~800 pfu/mL in PBS) were incubated with equal volumes of inhibitor solutions (serially 10-fold diluted in PBS) for 1 h at room temperature. After washing, MDCK cells grown to confluency were infected at room temperature for 1 h with 100 μL of the virus–inhibitor mixture. The inoculum was removed by aspiration, and the cells were overlaid with 1 mL of plaque medium¹² [2×F12 medium, 0.01% DEAE-dextran, 0.1% NaHCO₃, 100 units/mL of penicillin G, 100 μg/mL of streptomycin, 4 μg/mL of trypsin, and 0.6% purified agar (L28; Oxoid Co., Basingstoke, UK)]. Plaques were counted after 3 to 4 days of incubation at 37°C.

Neuraminidase inhibition assays were performed using a modified literature procedure.¹⁴ Briefly, 20 μL of whole virus and 15 μL of inhibitor dilutions were incubated at room temperature for 1 h. Following addition of the fluorogenic NA substrate 4-methylumbelliferyl-α-D-N-acetylneuraminic acid (whose final concentration was 5- to 10-fold lower than the *K_m* of the enzyme), generation of 4-methylumbelliferone was monitored for 1 h. Values of *K_i* were determined with nonlinear regression in KaleidaGraph.¹⁵

RESULTS AND DISCUSSION

To explore the benefits of multivalency¹⁰ (i.e., in the present case, covalent attachment of multiple copies of zanamivir to the same polymeric chain) with respect to drug-resistant strains, herein we have selected three influenza A viruses carrying NA mutations at position 119: two *in vitro* selected zanamivir-resistant¹⁶ avian A/turkey/MN/833/80 (turkey/MN; H4N2) E119D and E119G mutants and a clinically isolated oseltamivir-resistant A/Wuhan/359/95 (Wuhan; H3N2) E119V mutant, which is transmissible in ferrets.¹⁷

We have synthesized water-soluble polymeric derivatives of **1** in which the drug is conjugated to poly-L-glutamine through a flexible tether (Fig. 1).^{11,12} The introduction of the

linker group did not drastically affect the anti-influenza or NA inhibitory activity. The inhibitory potency of **2** is within an order of magnitude of **1**'s (Table 1), as well as of other zanamivir derivatives modified at the same position.^{18,19}

Inhibition of influenza A/Yamagata (H1N1) is most effective with a 10% loading of zanamivir on poly-L-glutamine¹¹; other multivalent systems reach a plateau in efficacy between 10% and 30% modification.²⁰ Therefore, we have selected 10 mol% loading for our initial experiments as well. Using the plaque reduction assay, we have demonstrated that the poly-L-glutamine-attached drug **4** is not only about 20,000-fold more effective than **2** against another human influenza strain, Wuhan, but also some 200-fold more potent against an avian strain, turkey/MN.

Importantly, both oseltamivir- and zanamivir-resistant mutants of these viral strains are also far more susceptible to polymeric **4** than to small-molecule inhibitor **2**: some 6000-fold improvement against oseltamivir-resistant Wuhan E119V mutant and a 2000-fold more enhancement against zanamivir-resistant turkey/MN mutants have been observed (Fig. 3). In comparison, maximal improvements for novel monomeric inhibitors to date have not exceeded 1000 times against oseltamivir-resistant influenza strains⁹ and 250 times against zanamivir-resistant ones.⁶

Next, we have examined how the amount of **2** conjugated to poly-L-glutamine affects inhibitory potency. Polymeric **4** has been found to be 10-fold more potent than either **3** or **5** against wild-type strains of both human Wuhan and avian turkey/MN viruses (Table 1). Importantly, **4** is also up to 20 times more potent than either **3** or **5** at inhibiting the drug-resistant strains (Table 1). The observation of the same optimal degree of loading for all the viral strains tested by us suggests that beyond a certain point the benefits of multivalency are counteracted by steric hindrances—presumably, too many ligand molecules attached to the same polymer chain interfere with each other's action.

To gain further mechanistic insights, we have determined inhibition constants K_i for both **4** and **2**, using the NA enzyme inhibition assay. The results presented in Table 2 afford several important conclusions. First, as seen in the last two lines of the table, the enzymes of zanamivir-resistant influenza strains expectedly bind **2** at least two orders of magnitude weaker than the wild-type and oseltamivir-resistant strains. Second, in all instances, the polymer-attached drug is a substantially more potent enzyme inhibitor than its small-molecule parent. Third, while the binding affinity enhancements caused by conjugation to poly-L-glutamine are relatively modest for wild-type human and avian strains, as well as for the oseltamivir-resistant human one, zanamivir-resistant turkey/MN mutants bind **4** 2000 times more strongly than **2**. As a result of this strengthened binding, the zanamivir-resistant mutants become as sensitive to **4** (in contrast to **2**) as the others (Table 2). Thus, presentation of zanamivir on the polymer completely compensates for weakened binding in zanamivir-resistant strains.

Multivalent drug species, such as **4**, exhibit better virus inhibition because of steric effects and increased affinity.¹⁰ Flexible linkers, such as that employed in this study, can promote improved ligand–protein binding by reducing steric obstacles and increasing effective ligand concentration²¹ (as is schematically illustrated in Fig. 4). Both free and polymer-bound **1** should have similar rotational and translational entropic costs for the first interaction with viral surface proteins but polymer-bound **1** should have lower costs for subsequent ones, thereby providing entropic benefits of multivalency.²² Herein, we have demonstrated that a multivalent presentation of **1** conjugated to a resorbable polymeric backbone overcomes binding deficiencies and leads to potent inhibition not only of wild-type but also of drug-

resistant human and avian influenza strains, thus promising safe and more efficacious therapeutics.

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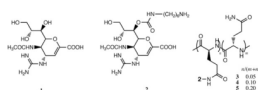
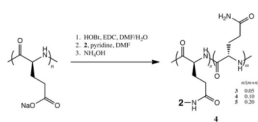


Figure 1.
Chemical structures of zanamivir (**1**), its derivative for attachment to poly-L-glutamic acid (**2**), and polymer-attached **2** at different degrees of loading (**3–5**).

**Figure 2.**

Preparation of drug-polymer conjugates **3**, **4**, and **5**. HOBt, 1-hydroxybenzotriazole; EDC, *N*-(3-dimethylaminopropyl)-*N'*-ethylcarbodiimide; DMF, *N*, *N*-dimethylformamide.

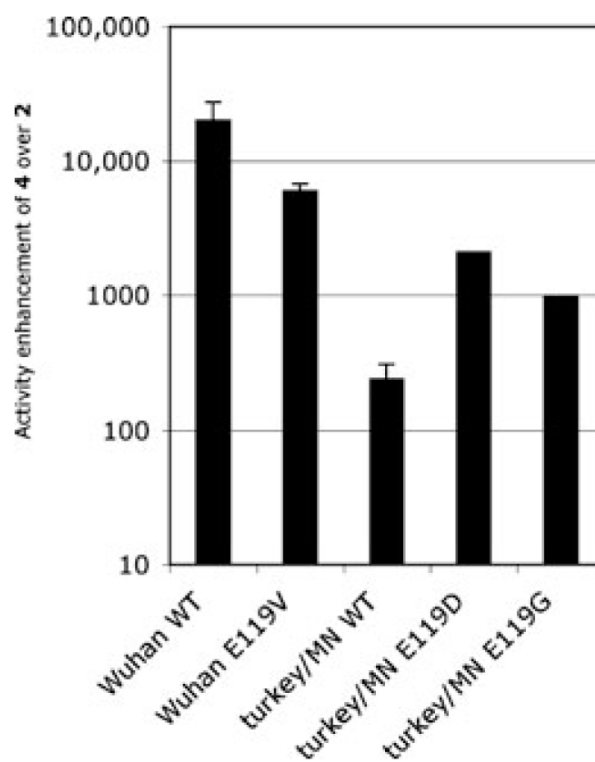


Figure 3.

Antiviral activity enhancements of polymeric **4** over small-molecule **2** against wild-type and drug-resistant influenza strains. To determine the underlying IC_{50} values, zanamivir-based inhibitors and viruses were incubated together prior to infection of confluent MDCK cells. The antiviral activity enhancements shown were the results of experiments run at least in triplicate. The only exceptions were the A/turkey/MN mutants where a single measurement was run because of the large quantities of **2** required. An IC_{50} value for these zanamivir-resistant mutants was not reached even at millimolar concentrations of **2**; thus, the actual enhancements are at least those indicated.

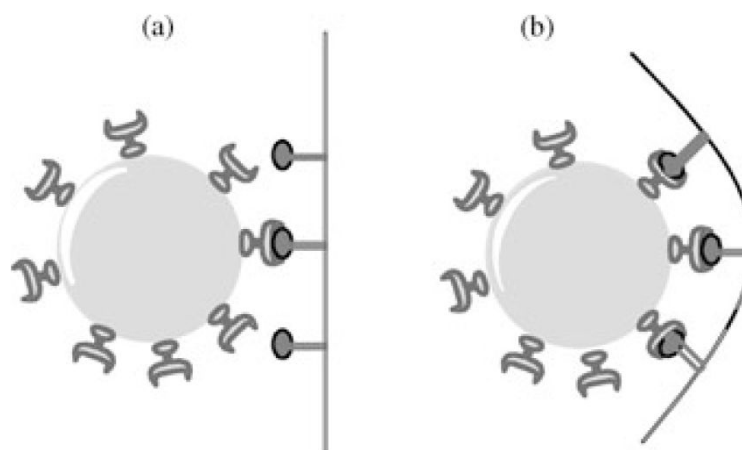


Figure 4. Schematic illustration of the proposed interactions of target viral surface proteins (gray claws) with complementary drugs (black ovals) in rigid (a) and flexible (b) drug-polymer conjugates. The large gray spheres represent influenza virus particles and black lines the polymeric chain and linkers.

Table 1

Antiviral Activities of Zanamivir (**1**), As Well As of Its Monomeric (**2**) and Polymeric (**3-5**) Derivatives, Against Human Wuhan and Avian Turkey/MN Influenza Strains, As Determined by the Plaque Reduction Assay

Strain	IC ₅₀ (nM of Zanamivir) ^a				
	1	2 ^b	3	4	5
A/Wuhan/359/95	(2.3 ± 1.6) × 10 ⁴	(4.3 ± 0.2) × 10 ⁵	(1.8 ± 0.5) × 10 ²	21 ± 7	(3.4 ± 1.0) × 10 ²
A/Wuhan/359/95 E119V	(4.8 ± 1.5) × 10 ⁴	(3.1 ± 0.1) × 10 ⁵	(7.7 ± 5.1) × 10 ²	51 ± 5	(1.0 ± 0.6) × 10 ³
A/turkey/MN/833/80	(2.1 ± 0.9) × 10 ⁴	(4.3 ± 1.1) × 10 ⁴	(1.2 ± 0.4) × 10 ³	(1.8 ± 0.2) × 10 ²	(9.6 ± 5.9) × 10 ²
A/turkey/MN/833/80 E119D	(1.8 ± 0.8) × 10 ⁷	>3.6 × 10 ⁶	(6.2 ± 4.0) × 10 ³	(1.7 ± 0.8) × 10 ³	(2.6 ± 1.5) × 10 ³
A/turkey/MN/833/80 E119G	n.d. ^c	>3.6 × 10 ⁶	(6.6 ± 3.3) × 10 ³	(3.6 ± 1.3) × 10 ³	(3.0 ± 1.2) × 10 ⁴

MDCK, Madin-Darby canine kidney.

^a All values were determined from experiments run at least in triplicate unless otherwise indicated. The IC₅₀ values are expressed in concentrations of zanamivir, whether free or conjugated to poly-L-glutamine. To determine the IC₅₀ values, zanamivir-based inhibitors and influenza viruses were incubated together prior to infection of confluent MDCK cells. Thus, the reported values reflect inhibition of infection. The IC₅₀ values for bare poly-L-glutamine ranged from 2 to 10 mM (based on the monomer concentrations), as compared with 0.2 to 40 μM for **4**, thus demonstrating that the polymer itself has no appreciable antiviral activity.

^b The A/turkey/MN mutant data stem from a single measurement each because of large quantities of **2** required to perform experiments with them.

^c Because of small quantities of **1** available, only one zanamivir-resistant mutant was assayed. Because the A/turkey/MN/833/80 E119D mutant exhibits the lowest sensitivity to **1**, any observed effects with it should also be observed with the E119G mutant.

Table 2

Inhibition Constants (K_i) of Viral Neuraminidases by Small-Molecule (**2**) and Polymeric (**4**) Zanamivir Derivatives Against Both Wild-Type and Drug-Resistant Human and Avian Influenza Strains

Strain	K_i (nM of Zanamivir ^a)	
	2	4
A/Wuhan/359/95	3.1 ± 1.0	0.93 ± 0.12
A/Wuhan/359/95 E119V	1.9 ± 0.8	0.90 ± 0.10
A/turkey/MN/833/80	4.6 ± 0.9	0.27 ± 0.16
A/turkey/MN/833/80 E119D	800 ± 150	0.37 ± 0.12
A/turkey/MN/833/80 E119G	370 ± 20	0.13 ± 0.05

^a All values were determined from experiments run at least in triplicate unless otherwise indicated. The K_i values are expressed in concentrations of zanamavir, whether free or conjugated to poly-L-glutamine. For other conditions, see the Materials and Methods section.